

St Matthews Primary School Canteen Menu (1st February 2019)

LUNCH - HOT/COLD FOOD

Chicken or Beef Burger with Salad	\$5.50
Fried Rice	\$5.50
Hot Chicken Roll with mayonaise	\$5.00
Lasagna, Beef	\$5.50
Macaroni Cheese	\$5.50
Nuggets (4) with Salad	\$5.50
Salad Box (lettuce, carrot, cheese, Celery, cucumber & cherry tomato)	\$4.50
Salad Box with meat (<i>tuna/ham/chicken</i>)	\$5.00
Salad Box, with meat choice, egg, beetroot	\$5.50
Spaghetti Bolognaise	\$5.50
Wrap, Hot Chicken Tender - salad & mayo	\$5.50
Wrap, Hot Sweet Chilli - salad & mayo	\$5.50
Cruiser Pie (180g)	\$5.00
Hotdog with tomato sauce	\$4.00
Midget Pie (150g)	\$4.00
Nachos	\$4.50
Nacho's with Chicken	\$5.00
Pizza Single (<i>Hawaiian</i>)	\$4.00
Sausage Roll	\$4.00
Wedges	\$4.00
Sauces <i>tomato, sweet/sour, French & BBQ</i>	\$0.50

DRINKS

Juice (250mls) <i>Apple, Tropical Orange, Apple & Blackcurrant</i>	\$2.50
Milk, flavoured (250mls) (<i>Chocolate & Strawberry</i>)	\$2.50
Water, bottled	\$2.00

SANDWICHES, WRAPS & KNOT ROLLS

Wholemeal only. Salad consists of carrot, lettuce, tomato cucumber & cheese. Mayo and beetroot available upon request.

	S/W	Roll	Wrap
Chicken & Salad	\$4.50	\$5.00	\$4.50
Ham & Salad	\$4.50	\$5.00	\$4.50
Salad	\$4.00	\$4.50	\$4.00
Vegemite	\$2.50	\$3.00	

TOASTIES

Cheese	\$3.50
Cheese & Tomato	\$3.50
Ham or Chicken with Cheese	\$4.00
Ham or Chicken with Cheese & Tomato	\$4.50
Ham or Chicken with Cheese & Pineapple	\$4.50

TRAFFICLIGHT SYSTEM

Our school adheres to the Traffic Light system introduced by the Government in 2006.

This policy places food into categories based on a traffic light. Our menu must comply and consist of a minimum of 60% Green foods

Green (g) – must predominately fill the menu

Amber (a) – select carefully and limit sales

Red (r) – off the menu

You can select healthier options by choosing foods that are marked green
The canteen food is supplied by Narrogin Primary School.

Please fill in your order form with child's name and class number clearly marked.

Parents with food allergy concerns are encouraged to contact the Narrogin Primary Canteen Manager on 98811200.